

APRIL 2022

NEWSLETTER



FOR MORE GO TO:
www.quincypartnership.org

Current Project RX TAKE BACK DAY

Rx Take Back Day is a national initiative to raise awareness about prescription medication safe storage and disposal. This is important because we know 75% of opioid addiction begins with an individual taking prescription medication not prescribed to them. Sometimes this medication is acquired through prescription sharing, or it is taken from the medicine cabinets of friends and family members without their knowledge.

It is a goal of Quincy Partnership for Youth to teach responsible storage of medications.

Locking up medication does not mean you do not trust the people in your home. It is merely an extra measure of protection for them.

Also, talk to your kids about the risks of opioid abuse. Your influence matters!

Kids are 50% less likely to use drugs when parents tell them about the risks.

Encourage your kids to talk with their doctor about other ways to treat pain. Lock up your medications. Dispose of unused medications safely at any of the 3 drop-box locations in Quincy: Quincy Police Department, Quincy Community Health Center, or Quincy Valley Medical Center.

one simple step
take back your meds on April 30th

Location: Quincy Police Department
Quincy Community Health Center
Quincy Valley Medical Center

Protect your loved ones *and* the environment.
Dispose of unwanted, unused or expired opioid prescriptions safely.

SAVE A LIFE
75 percent of opioid misuse starts with people using medication that wasn't prescribed for them, usually taken from a friend or family member.²

SAVE OUR ENVIRONMENT
Medicines have been found in Pacific Northwest water and soils, threatening the health of our wildlife and drinking water.³

¹Source: Washington State Department of Health
²Source: Substance Abuse and Mental Health Services Administration
³Source: Washington State Department of Ecology

Washington State Health Care Authority

Sponsored By:

Sector Highlight

HEALTHCARE

When talking about substance use in our community, the voice of the healthcare system is extremely valuable. They see so much of the consequences of substance use and they have close interactions with people this issue affects. This provides them with a necessary and unique

perspective for the coalition. We would like to say a big thank you to all of our healthcare partners: Quincy Community Health Center, Quincy Valley Medical Center, Protection 1 EMS, Washington Pharmacy, Kwon Family Dentistry, and Desert Sun Dental.

See our website at www.quincypartnership.org for more details.

Upcoming Events

RX TAKEBACK DAY

April 30th

at Quincy Police Department,
Quincy Community Health Center
& Quincy Valley Medical Center

FAMILY FESTIVAL

April 30th

at Quincy Middle School

MAY COALITION MEETING

May 12th

3:30-5:30pm
at Quincy High School PAC room

Member Highlight

Esperanza Tafoya

"Quincy Partnership for Youth is important to me because I have children who are growing up in our community and like any parent, I want them to grow up in a safe and healthy community."

QPY helps promote that positive environment and community that supports our youth. I am eagerly looking forward to our collaboration."



Esperanza Tafoya

Prevention Topic

ACCESS AND AVAILABILITY

Access and availability are risk factors that Quincy Partnership for Youth addresses with our programs and initiatives. Healthy Youth Survey data tells us that

50% of Grant County 12th graders have indicated that it is "easy" or "very easy" to acquire marijuana.

In fact, 55% of 12th graders who have used marijuana in the past indicate they have gotten it from friends. Only 2% of those polled actually got their marijuana from a store.

It is not only marijuana to be concerned about. We also learned from the Healthy Youth Survey that 58% of the time, alcohol is acquired from friends and at parties. Clearly,

acquisition of these substances does not present a challenge to young people.

So what do we suggest? Lock up your medications – everything from painkillers to medicinal marijuana.

Quincy Partnership for Youth will help you get a locking medication bag if you need it.

We have also seen in the data, during COVID, when access to friends was limited and many parents were home more, the use rates dramatically decreased. This tells us that the issues of access and availability have a big impact on the rates of youth substance use. This is something we can have an impact on.



Upcoming Project

YOU CAN

Quincy Partnership for Youth will be running our You Can campaign throughout the month of May. Please stop by our Facebook and Instagram pages and share our content. We believe in the youth of our community.



MARIJUANA CAN'T. YOU CAN.